



FAMILIES INFOCUS (ESSEX) E-BULLETIN

JULY 2017 ISSUE

BBC CHILDREN IN NEED

We are delighted to announce that we have been successful with our BBC Children In Need Bid.

We have been awarded funding of £28,758 over 3 years for the continuation of our Activity Club Project based in Chelmsford, which aims to provide a family activity club to children and young people with special educational needs or disability across Essex.

Rachel Ellis, our CEO said

“We are delighted to have been allocated new funding from BBC Children to offer activities to children and young people with special educational needs. Through attending our project, the children and young people will improve their confidence, have a healthier lifestyle and have the opportunity to socialise and have fun with their friends.”



Kidzspace Events

Activities for the siblings aged 8+ living with a child who has a disability or special need.

Date: Saturday 29th July 2017

Event: Trampoline and Basketball

Where: Riverside Ice & Leisure Centre (Chelmsford)

Time: 1.00pm – 3.15pm

Cost: £7.00

Date: Tuesday 15th August 2017

Event: Rainbow Rural Farm

Where: Great Dunmow (mini bus included)

Time: 10.00am – 4.00pm

Cost: £8.00

To book a place please contact Jo:

helpline@familiesinfocussessex.org.uk

Or telephone: 01245 353575

THE NEXT BRAINTREE DROP IN MORNING

Come and join us and other parents for a chat, a therapist will be offering free treatment and a trained Family Support Adviser will be on hand to discuss any queries you may have. Pre-school children welcome.

BRAINTREE: Alec Hunter Academy Learning village, Stubbs Lane, Braintree, CM7 3NR.

Date: **12th July 2017**

Time: 10am – 12noon

FAMILIES INFOCUS (ESSEX)

At Chelmsford Sport & Athletics Centre
Salerno Way, Chelmsford, CM1 2EH

ACTIVITY CLUB

Every Saturday

3.30pm to 5.30pm

Closed

15th July and 5th, 12th, 19th, 26th August 2017.

Play activities for children with disability or special needs and siblings, accompanied by their parent carers.

TRAMPOLINE, GYMNASTICS, ARTS & CRAFTS

Nice airy, secure and friendly environment

Meet new friends, relax, and chat to other parent carers

For further information contact

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or telephone 01245 353575



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The CEA Card is a national card scheme developed for UK cinemas by the UK Cinema Association (UKCA), formerly the Cinema Exhibitors' Association (CEA).

The scheme was introduced in 2004 and is one of the ways for participating cinemas to ensure they make reasonable adjustments for disabled guests when they go to the cinema; in particular it ensures a complimentary ticket for someone to go with them.

To apply for a card please visit:

<https://www.ceacard.co.uk/how-to-apply.php>

Please refer to their website for full terms and conditions. <https://www.ceacard.co.uk/index.php>

You don't need to have a CEA Card for a reasonable adjustment to be made and cinemas still have to make reasonable adjustments. If you require an adjustment to visit a cinema because of your disability, the UKCA's policy is cinema staff should make them for you.

SEN DISCO
A monthly disco for people with disabilities aged 14+

1st Wednesday of every Month
6.30pm – 8.30pm

**A Place to meet friends
& make new ones!**
While dancing the night away

Snacks & refreshments available to purchase

£5 Entry
(support workers free)

For more information
email fran.george@zincarts.org.uk,
call 01277 365 626 or visit www.zincarts.org.uk

@ZINCARTS
Great Stony, High Street, Chipping Ongar
Essex, CM5 0AD

ZINC

LIVEWIRE 70
Community Theatre for young people

THE LIVEWIRE THEATRE CHALLENGE 2017
ONE WEEK TO CREATE AN ORIGINAL PIECE OF THEATRE!
OPEN TO YOUNG PEOPLE AGED 11 TO 18 (INCLUDING SOON TO BE YR7)
ITS FREE!!

WEEK ONE:
24TH JULY - 28TH JULY
BURNT MILL ACADEMY
9AM - 3.30PM

WEEK TWO:
14TH AUG - 18TH AUG
PASSMORES ACADEMY
9AM - 3.30PM

DRAMA DANCE MUSIC

BOOK YOUR SPACE NOW! EMAIL LIVEWIRETHEATRE@LIVE.COM
OR FIND US ON FACEBOOK, TWITTER & INSTAGRAM

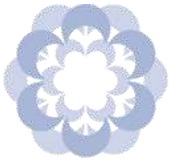
CANCELLED EVENT

The National Garden Scheme invitation on Sunday 13th August at Wickets, Langley Upper Green. Has regretfully been cancelled, they are hoping to reschedule and will advise a new date when available. They apologise for any inconvenience caused.



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THE
MINISTRY OF
PARENTING

Families InFocus (Essex)

HELPLINE

01245 353575

Monday to Friday 10am – 4pm

Or Email

helpline@familiesinfocussessex.org.uk

WEBSITE

Recently updated please visit and see our new look.

www.familiesinfocussessex.org.uk

FOLLOW US ON



http://www.facebook.com/pages/Families-Infocus-Essex/135545906596117?_rdr



We post up to date information for the Activity Club and all the latest news regarding Families InFocus.

The Incredible Years School-Aged Programme
Need a hand in how to be the best parent you can be....



The Incredible Years course is for parents with children aged 4-11 years who want ideas with parenting. You will help your child to deal with their emotions and express 'how they feel'.

There is also focus on the needs of parents.

Introductory sessions available in Witham on Tuesday 12th September and Harlow on Wednesday 13th September, 9.30am to 11.30am. Courses run for 12 weeks (not running during school holidays).

Contact for more information: 01206 562626 or email: info@theministryofparenting.com

A referral needs to be made to the Children's Society on 01245 493311 Or <http://www.childrengsociety.org.uk>
This course is funded by the Family Innovation Fund, a limited number of **free** places are available to parents who have already completed a referral form. This course would usually cost £720 per parent. Please note we cannot provide childcare.

INFORMATION AND USEFUL WEBSITES

We are aware of the difficulties some people are having with PIP claims, please find below a useful link to:

Contact a Family PIP guides for over 16's:

www.cafamily.org.uk/media/1039341/PIP_guide.pdf

Also guidance on all disability related benefits:

www.benefitsandwork.co.uk

If you are getting the middle rate care part of DLA for your child, you may be entitled to apply for a grant from the Family Fund:

www.familyfund.org.uk

We also have a supply of forms available please contact us: Tel: 01245 353575.

Enjoy the.....

