



Families InFocus (Essex)

Supporting families of children with disabilities and special needs

Lancaster House, 140 Mildmay Road

Chelmsford, Essex, CM2 0EB

Helpline: 01245 353575

Email: helpline@familiesinfocusessex.org.uk

Website: familiesinfocusessex.org.uk

Monday to Friday 10am-4pm

Registered Charity No: 1062311 and
limited company registered in England
and Wales No: 3287829

20TH ANNIVERSARY

SPECIAL EDITION – June 2016

We are proud to announce that 2016 is a major milestone for us as we are celebrating 20 years of supporting Essex families of children and young people with disabilities and special needs.

To mark this achievement, we will be holding our first Charity Ball and various events throughout the year, along with fundraisers who have been imaginative and generous in planning events and raising funds on our behalf.

Looking back at our achievements over the last two decades, this wouldn't have been possible without our amazing supporters, the many generous donations, the hard work and dedication from fundraisers and the many hours of time donated by our fantastic volunteers, whose generosity ensures that we can continue our vital work, which for many hundreds of families has been a lifeline. **THANK YOU ALL**

FORTHCOMING EVENTS:

- FAMILIES INFOCUS CHARITY BALL
- SPONSORED ACTIVITY FUN DAY
- BRAINTREE INDULGENCE DAY
- CAPRICE MUSICAL CONCERT
- CHELMSFORD SALVATION ARMY SONGSTERS



We would like to express a special thank you to the Year 6 Parents of Widford Lodge Preparatory School, who raised a magnificent £11,023.08 from their recent black tie and Hollywood glamour evening at Hylands House. Thank you for all your hard work, commitment and enthusiasm in making this amazing sum possible. This fantastic donation will make a big contribution towards our Saturday Family Activity Club and will now fund our Siblings Club, 'Kidzspace', for young carers, for a range of fun activities for a whole year! In addition we also would like to thank the Year 6 children who took it upon themselves to bake and sell cakes in order to raise an amazing sum of £150.

We invite you to be part of our celebrations by joining us at events or perhaps by thinking of imaginative ways to support us – check out some of the ideas on page 3! See who is already making a difference on page 4.

We also have some exciting Sponsorship opportunities and are looking to increase our supply of raffle/auction prizes so please do get in touch if you are able to help or want to find out more information.

Warmest wishes, all the team at Families InFocus (Essex).



Kidzspace members at Chelmsford Equestrian Centre

Forthcoming events:

If you require further information or wish to register your interest for any of the events, including the Families InFocus Charity Ball please email

sharon@familiesinfocusessex.org.uk

20 YEARS

BRAINTREE INDULGENCE DAY

For parents/carers of children with SEND

Friday 15th July 2016

The Alec Hunter Academy Learning Village

Stubbs Lane, Braintree, CM7 3NR

10am to 2pm

Donations welcome

Come along for a day of pampering and lunch.

Email: helpline@familiesinfocusessex.org.uk

To book your slot.



STAGE AND SCREEN MUSICAL CONCERT: 15th October 2016

At Chelmsford Cathedral, 53 New Street,
CM1 1TY

Ticket Price: £10 per person

Time: 7.30pm

An evening of music from movies such as Star Wars, The King and I, Jersey Boys and many more performed by the Caprice Orchestra. To book email:

sharon@familiesinfocusessex.org.uk

FAMILIES INFOCUS (ESSEX)

CHARITY BALL

Join us for a night of celebration

SATURDAY 3RD DECEMBER 2016

7pm till 12 midnight

The Marconi Club

Beehive Lane, Chelmsford, CM2 9FH

3 Course Meal + Wine + Tea/Coffee

Bar – Raffle - Auction

Live Band and Dancing

Ticket Price: £50 per person

Up to 10 persons per table

Register your interest now by emailing:

sharon@familiesinfocusessex.org.uk

Registered Charity No: 1062311

Sponsored Activity Fun Day

Saturday 24th September 2016

3.00 Till 6.00 pm

At

Chelmsford Sport & Athletics Centre
Salerno Way, Chelmsford, CM1 2EH



To register your interest and obtain your Sponsorship Form

Email: sharon@familiesinfocusessex.org.uk



CHELMSFORD SALVATION ARMY SONGSTERS Saturday 3rd December 2016

An evening of music and song performed by the choir and brass band, guest vocal soloist Gemma Hinchcliffe and the International Staff Songsters, who have performed at the O2 and The Royal Albert Hall. The concert commences at 7pm. Chelmsford Salvation Army, 70 Baddow Road, Chelmsford, CM2 0DL

Ticket Price: £7.00 per person, available from The Salvation Army from November by calling: 01245 490998

Here are a few ideas for fundraising:

- Have a dress down day at work every Friday throughout the summer for £20 per person (£1 per week).
- Do a sponsored 20 mile walk or bike ride challenge with friends.
- Play a game with friends, every time they say a particular word (or swear) they donate 20p.
- Collect 20p coins in a jar from everyone you know.
- Have a dinner party for 20 friends... and ask them to donate £20.
- Hold a 1920's themed dance, include Gangsters and Molls fancy dress, Casino Table and Jazz Band.
- Swim 20 lengths of your swimming pool and ask your family to sponsor you for £1 for each length.
- Give up something for 20 days, like smoking or chocolate, quit for 20 days and get everyone to sponsor your efforts.
- Hold a quiz night and charge £20 for each team to take part, we have a list of questions you can use.



OR

- Sell something unwanted on eBay and donate 20% to Families InFocus (Essex).
- Bake 20 cakes and sell them to friends, colleagues and family.
- Set up a donation by standing order for £20 a month, quarter or year.
- Bingo nights are sociable, fun and easy to run. Anyone can participate in charitable bingo, even children and the Number 20 could hold a star prize.
- Fetes and fayres are popular all over Essex, have a mixture of handicrafts and activity stalls for children and adults.
- Hold a 20 hours sleepover. Not enough hours in the day to fit in your next fundraising event? Try organising one that takes place overnight.
- Who are the Top 20 most talented people you know, hold a talent show. Is there a comedian, crooner, ventriloquist amongst your friends, colleagues and family? You never know until you ask!



Look who is already making a difference:



MORRISON'S CHELMSFORD visited the Saturday Activity Club to present a cheque for £4,530.



WIDFORD LODGE PREPARTORY SCHOOL year 6 parents raised a fantastic £11,028.08 at their Charity Ball, and the Year 6 children also raised an additional £150 by baking and selling cakes.

WELL DONE!!!!



Thank you from some of the families who attend the Saturday Activity Club.

A REAL EASY WAY TO DONATE

Zoe Willsdon has set up a website called "www.THEHELPFULSHOPPER.co.uk" The Helpful Shopper is a way of fundraising for charities through shopping online. The way it works is that you go through the website to access the retailer's website you then buy your goods as normal and the retailer will donate a small percentage to The Helpful Shopper who then split the donations to 3 named charities, one of them being Families InFocus (Essex).



CHELMSFORD MILD MAY

The forthcoming new president Susan Almond has announced that she has chosen Families InFocus (Essex) as their nominated charity.

In Loving Memory of

DAVE GREEN

A donation of £820 was raised in memory of Dave from all the family, friends and supporters who attended

'Shakster Records Weekender'

A weekend of music held at the Golden Fleece in Chelmsford

LOUISE BALL
WARRIER ADRENALINE RUSH
HERO
RAISED £400

